

## Sunil Uppal

Designation : Associate Professor

Subject : Chemistry

Area of Specialization : Physical Chemistry

College : Govt. P.G.College for Women, Gandhi Nagar, Jammu

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Date of Appointment: 02.05.1997



### Summary

- Acting as Convener Purchase Committee
- Acting as Convener Canteen Committee
- Acting as member of IQAC Committee
- Acting as member of NAAC Committee
- Acting as member of Students Welfare Committee
- Acting as member of Magazine Committee
- Acting as member of Bus Committee
- Acting as member College Development Committee
- Acting as member of Tour & Picnics Committee
- Acting as member of Organizing Seminar/Workshop/Conferences Committee.
- Acting as member of Annual Declamation Committee.
- Organized consultative programme on National Education Policy on 05.11.2015 at Block Level (Phalian Mandal and Satwari).
- Actively participated in Prime Minister's Special Scholarship Scheme for J&K students (PMSSS).
- Actively involved in the starting Add-On Courses.

### Awards and Achievements

- Nil

### Workshops, Seminars, Symposia and Conferences attended

#### National Level seminars, workshops, symposiums, conferences

Name of the Seminar	College/University/State/ National/International Level	Name of the Sponsoring Agency	Place And Date
1. 'Role & Importance of Cultural Tourism and Economic Cooperation in the Indian Sub-Continent'	State Level	ICSSR	20.12.2006, Jammu
2. Awareness Programme on Assessment & Accreditation and Post Accreditation Interactive Meet	State Level	QAC, Higher Education, J&K Govt.	8 <sup>th</sup> & 9 <sup>th</sup> Dec.2007
3. Awareness Programme on Assessment & Accreditation and Post Accreditation Interactive Meet	State Level	QAC, Higher Education, J&K Govt.	23 <sup>rd</sup> & 24 <sup>th</sup> March 2009
4. 2 <sup>nd</sup> J&K Women's Science Congress on the theme	State Level	Department of Science & Technology, Govt. of India	5 <sup>th</sup> to 7 <sup>th</sup> November 2013

'Empowering Women through Science & Technology'			
5. 'Dynamism in Higher Education : Towards Quality Excellence'	National Level	GCW, Gandhi Nagar, Jammu.	1 <sup>st</sup> & 2 <sup>nd</sup> Feb.2007
6. 'Quality Concern in Indian Higher Education to meet the Global Challenges''	National Level	GCW, Gandhi Nagar, Jammu	12 <sup>th</sup> & 13 <sup>th</sup> Oct.2009
7. Crystallography by P.G Department of Physics & Electronics	National Level	University of Jammu	25 <sup>th</sup> to 27 <sup>th</sup> Oct.2010
8. 'Socio-Cultural Prospects and Challenges of Tribal Communities of North Western India''	National Level	ICSSR	24 <sup>th</sup> March 2012

### Workshops

Name of the Workshop	College/University/State/ National/International Level	Name of the Sponsoring Agency	Place And Date
CEDAW (Convention on Elimination of all forms of Discrimination Against Women)	National Level	UGC, GCW, Parade	1 <sup>st</sup> & 2 <sup>nd</sup> Nov.2010
Solid State Chemistry and Materials Research'	National Level	University of Jammu	4 <sup>th</sup> to 9 <sup>th</sup> July 2011
'Choice Based Credit System'	State Level	GCW, Parade, Jammu	22 <sup>nd</sup> & 23 <sup>rd</sup> April 2015
E-Content Development and Management	National Level	GCW, Gandhi Nagar, Jammu	23 <sup>rd</sup> & 24 <sup>th</sup> July 2015
Information Security	State Level	GCW, Gandhi Nagar, Jammu	16.10.2015
IPR Awareness Workshop in collaboration with J&K Science & Tech. Dept.	State Level	GCW, Gandhi Nagar, Jammu	18.11.2015
Information Security	State Level	Department of NIELIT, University of Jammu	8 <sup>th</sup> & 9 <sup>th</sup> Dec.2015

### Symposiums

Name of the Symposium	College/University/State/ National/International Level	Name of the Sponsoring Agency	Place And Date
'New Trends in Materials Research'	National Level	ISCAS, University of Jammu	18 <sup>th</sup> to 20 <sup>th</sup> Nov.2010
'Interdisciplinary Sciences'	National Level	UGC	2 <sup>nd</sup> – 3 <sup>rd</sup> March 2012
'Frontier Areas in Solid State and Materials Sciecne'	National Level	ISCAS, University of Jammu	16-18 Oct.2013

### Conferences

Name of the Conference	College/University/State/ National/International Level	Name of the Sponsoring Agency	Place And Date
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'Green Chemistry'	National Level	UGC	3 <sup>rd</sup> to 4 <sup>th</sup> Dec.2010
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### Orientation/Refresher Courses Attended

#### Orientation Course

Name of the Orientation Programme	College/University/State/ National/International Level	Name of the Sponsoring Agency	Place And Date
1. General Orientation Course	University	ASC	Jammu, 17.02.1998 to 14.03.1998

#### Refresher Course

Name of the Refresher Course	College/University/State/ National/International Level	Name of the Sponsoring Agency	Place And Date
Refresher Course in Chemistry	University	ASC	Jammu, 06.07.2004 to 26.07.2004
Refresher Course in Computer Science – Inter-disciplinary	University	ASC	Jammu, 19.02.2007 to 12.03.2007
Refresher Course in Chemistry	University	ASC	Jammu, 04.01.2010 to 25.01.2010

### Book Publications

- Physical Chemistry Book for UG students (for Semester – II).

### Academic Qualifications

Examination Passed	Board/ University	Subjects	Year	Division / Grade / Merit
SSC	J&K Board of School Education	Eng, Hindi, SKT, Math, Science	1984	Distinction
Higher Secondary	J&K Board of School Education	Eng, Phy, Chem, Math	1986	Distinction
Bachelor's Degree(s)	University of Jammu	Eng, Phy, Chem, Math	1988	First Division
Master's Degree(s) (M.A/M.Sc.)	University of Jammu	Chemistry	1990	First Division
NET/SLET	Nil	Nil	Nil	Nil
Other Diploma / Certificates etc.	Nil	Nil	Nil	Nil

### Research Experience

Research Stage	Title of Work /Thesis	University where the work was carried out	Year
M. Phil or equivalent	Nil	Nil	Nil
Ph.D.	Nil	Nil	Nil
D.Sc/D.Litt.	Nil	Nil	Nil
Training (Please specify)	Nil	Nil	Nil

### Teaching Experience

Courses Taught	Name of the University/ College/Institution	Duration
iv) U.G. (B.A./B.Sc. etc.) (B.A./B.Sc. etc. Hons.)	B.Sc. – College	03.05.1997 till date
v) P.G. (M.A./M.Sc.,etc.)	Nil	Nil
vii) Any other( e.g Women Study, Skill Development , Add on courses, Coaching (JUET, CET) etc)	Coaching JUET, CET	

### Extension Work / Community Service

(i) Community work:

1. Free distribution of books to needy students and sponsoring the fee to BPL/needy students.

2. Participated as member in organizing Red Cross Mela.

(Such as values of National Integration,

Secularism, Democracy, Socialism, humanism, Peace,

Scientific temper, flood or drought relief, small family norms etc.)

(ii) National Literacy Mission:

a) Organized consultative programme on National Education Policy on 05.11.2015 at Block Level

(Phalian Mandal and Satwari)

(b) Positions held / Leadership role played in organizations linked with Extension

Work and National Service Scheme (NSS), or NCC or any other similar activity